

# RAN Collection practice template

<p><b>Name of the practice</b></p> <p>Please note that by practice we mean an activity/method/tool that has been used or is in use by professionals and/or community members.</p>	<p><b>Psychological treatment programme for youths at risk of radicalisation and violent extremism</b></p>
<p><b>Description</b> (max. 300 words)</p> <p>Short description of the aim and working method of the practice. Please note that in this description, it must be clear that <u>there is an explicit connection to preventing and/or countering radicalisation and/or violent extremism</u>. This means that in the aims and/or the activities/methods/tools of the practice, there is a link to preventing and countering radicalisation and/or violent extremism. Practices without this link cannot be included in the RAN Collection.</p>	<p>The main aim of this programme is to provide psychological support to vulnerable and traumatised young people who are at risk of radicalisation and violent extremism. The second aim is to generate new knowledge for early intervention and prevention programmes.</p> <p>Dignity's psychological treatment programme is built upon respected concepts of cognitive-behavioural treatment (CBT) (e.g. motivational therapy, acceptance and commitment therapy, and prolonged exposure therapy).</p> <p>The target audience are vulnerable and marginalised young people between the age of 18 and 34 who are at risk of radicalisation and violent extremism.</p>
<p><b>Level</b></p> <p>(To be filled by expert, only in case of an expert review. Not filled by practice owner)</p> <p>Please choose the level of practice. <i>Inspiring practices</i> have benefited from the light peer review of RAN.</p>	<p>Inspiring</p>

<p><i>Best practices</i> have benefited from the light peer review of RAN and the expert review of RAN.</p>	
<p><b>Key themes</b></p> <p>Please <u>choose</u> 2 key themes most corresponding with the practice.</p>	<p>Vulnerable youth and youth engagement in P/CVE</p> <p>Rehabilitation</p>
<p><b>Target audience</b></p> <p>Please <u>choose</u> a minimum of one target audience most corresponding with the practice.</p>	<p>First responders or practitioners</p>
<p><b>Geographical scope</b></p> <p>Please indicate where the practice has been/is implemented (countries, regions, cities).</p>	<p>Copenhagen, Denmark</p>
<p><b>Start of the practice</b></p> <p>Please indicate when (year) the practice was developed and implemented to indicate the maturity of the practice. In case the practice is no longer active, please indicate when it ended.</p>	<p>2016</p>
<p><b>Deliverables</b></p> <p>Please indicate if the practice has led to concrete deliverables, such as (links to) handbooks, training modules, videos.</p>	<p>At the end of the project:</p> <ul style="list-style-type: none"> <li>• A report will be issued, outlining recommendations for prevention and early intervention strategies to counter extremism and violent radicalisation.</li> <li>• The results and experiences will be published in an international peer-reviewed scientific journal.</li> </ul>
<p><b>Evidence and evaluation</b></p>	<p>Dignity facilitates ongoing dialogue, discussion and dissemination with relevant partners and first-line de-radicalization practitioners. Pre- and post-monitoring, and six-month follow-up sessions will be organised to evaluate the impact of Dignity's treatment.</p> <p>Outcomes are not yet available.</p>

<p><b>Sustainability and transferability</b> (maximum of 200 words)</p> <p>Short description on the sustainability and transferability of the practice, including e.g. information on the costs of the practice. <u>Please elaborate on which elements are transferrable and how.</u></p>	-
<p><b>Presented and discussed in RAN meeting</b></p> <p>Please note that to be included in the Collection, the practice is preferably nominated through one of the RAN meetings. Add name of the RAN Working Group/event, date, place and subject of meeting.</p>	<p>RAN Exit, July 2016 RAN plenary and high level conference, November 2016 RAN YF&amp;C and RAN H&amp;SC joint event, February 2017 RAN Policy and Practice event, December 2019</p>
<p><b>Linked to other EU initiatives or EU funding</b> (maximum of 100 words)</p> <p>Please indicate how your project was funded, if your practice is linked to other EU initiatives or projects, AND explicitly note if it is (co-) funded by the EU, and if so, by which funds? Such as Erasmus +, Internal Security Funds (ISF), European Social Fund (ESF), Horizon 2020, etc.</p>	None
<p><b>Organisation</b> (enter maximum of 100 words and select organisation type)</p> <p>Please briefly describe the organisation behind the practice including the legal status e.g. NGO, governmental, limited company, charity etc.</p>	<p>DIGNITY is a Danish human rights institute which works with treatment, research, international development work and advocacy under one roof. We are represented in more than 20 countries where we cooperate with local partner organisations to fight torture and help torture victims and their families to a better life.</p> <p>Type of Organisation: <a href="#">NGO</a></p>
<p><b>Country of origin</b></p> <p>Country in which the practice is based.</p>	EU or EEA country: Denmark

<b>Contact details</b>  Please provide contact details of who can be contacted within the organisation, with name and email address.	Address: Dignity Bryggervangen 55 2100 København Ø Contact person: Sadia Khan, psychologist Email: skh@dignity.dk Telephone: +25683699 Website: www.dignityinstitute.org
<b>Last update text</b> (year)	2020