

RAN Collection practice template

Name of the practice

Please note that by practice we mean an activity/method/tool that has been used or is in use by professionals and/or community members.

Praefix R- Coaching for imprisoned parents

Description

(max. 300 words)

Short description of the aim and working method of the practice. Please note that in this description, it must be clear that there is an explicit connection to preventing and/or countering radicalisation and/or violent extremism. This means that in the aims and/or the activities/methods/tools of the practice, there is a link to preventing and countering radicalisation and/or violent extremism. Practices without this link cannot be included in the RAN Collection.

A special coaching programme for imprisoned parents is aimed to prevent the right wing radicalisation of their children.

The programme targets parents who may be associated with right-wing orientation (and transfer this attitude to their children) or may have noticed their teenage children's tendency for discriminatory prejudices or desire to join right-wing radicalised groups. In principle, all parents who wish to intensify or stabilise the relationship with their children are welcome to join the programme, which will assist them to improve their parenting skills. Furthermore, the programme is based on the idea that the children of imprisoned parents are at high risk but largely go unnoticed. They often suffer from being separated from the imprisoned parents and from the shame and guilt they feel in connection to their parents' criminal activities. Also, they are at risk of experiencing exclusion and bullying. In addition to an insecure attachment pattern and transgenerational transmission of traumatic experiences these children are prone to joining radicalised groups in order to compensate the need to be recognised and feel important. This is where coaching starts and focuses on supporting the parents to strengthen their parent-child relationship, to improve their child-raising skills and to reflect their values and attitudes, in which their parenting is embedded.

Part of the coaching also involves other important figures such as the (ex)partner, parents, foster parents (if the child lives in a foster family) and friends or relatives who can support in the process. An important part is also (if appropriate and possible) to involve the youth welfare service.

The coaching consists of 15 sessions, including one preliminary session, 10 weekly/biweekly sessions and four follow-up sessions, which can be scheduled according to the need of the clients.

Peer reviewed	No
Key themes Please <u>choose</u> 2 key themes most corresponding with the practice.	Violent right-wing extremism Family support
Target audience Please <u>choose</u> a minimum of one target audience most corresponding with the practice.	Families Prison / Probation
Geographical scope Please indicate where the practice has been/is implemented (countries, regions, cities).	Germany: Berlin and Brandenburg
Start of the practice Please indicate when (year) the practice was developed and implemented to indicate the maturity of the practice. In case the practice is no longer active, please indicate when it ended.	2015
Deliverables Please indicate if the practice has led to concrete deliverables, such as (links to) handbooks, training modules, videos.	Handbook '21 methods' available as print version or download: https://www.ifgg-berlin.de/ifgg/wp-content/uploads/2020/07/ifgg_Broschuere_PraefixR_2019_WebN_eu-1.pdf

<p>Evidence and evaluation</p> <p>Short description on <u>performance measures</u> of the practice, including</p> <ol style="list-style-type: none"> 1. <u>qualitative views and quantitative (statistical) data</u> e.g. measure of the success of your project or intervention. 2. <u>evaluation and feedback</u>, including surveys and/or anecdotal evidence e.g. have you done either an internal or external evaluation, have you encouraged any feedback from your target group? 3. <u>peer review</u> which feedback did the practice receive in the RAN working group and/or study visit where the practice was discussed. <p>Please elaborate on the outcomes of your monitoring and evaluation efforts.</p>	<p>A qualitative research approach was chosen with the use of data collection methods such as interviews, discussions and participatory observations.</p> <p>By answering the evaluation questions it became clear that the conceptual claim of the project Praefix R (coaching parents in detention) was largely fulfilled in all areas examined. One crucial result seen is that the coaching helped participating parents to strengthen their parent-child relationship during imprisonment. It also supported important resocialisation factors. The evaluation also showed that the transmission of right-wing/radicalised attitudes can be reduced in its influence to the parenting style. The fact that the participant parents also rate the coaching as effective can be seen, for instance, from the low dropout rate.</p> <p>More information: https://www.ifgg-berlin.de/2018/05/03/die-evaluation-des-modellprojekts-praefix-r-ist-erschienen</p>
<p>Sustainability and transferability (maximum of 200 words)</p> <p>Short description on the sustainability and transferability of the practice, including e.g. information on the costs of the practice. <u>Please elaborate on which elements are transferrable and how.</u></p>	<p>Praefix R is as a permanent project implemented in Berlin's prisons. Also the Federal State Brandenburg and Saxony are interested to establish Praefix R as regular measures.</p>
<p>Presented and discussed in RAN meeting</p> <p>Please note that to be included in the Collection, the practice is preferably nominated through one of the RAN meetings. Add name of the RAN Working Group/event, date, place and subject of meeting.</p>	<p>RAN study visit</p> <p>16/12/2015</p> <p>Berlin</p> <p>Good practices of preventing group focused hate and right-wing extremism in Germany</p>

<p>Linked to other EU initiatives or EU funding (maximum of 100 words)</p> <p>Please indicate how your project was funded, if your practice is linked to other EU initiatives or projects, AND explicitly note if it is (co-) funded by the EU, and if so, by which funds? Such as Erasmus +, Internal Security Funds (ISF), European Social Fund (ESF), Horizon 2020, etc.</p>	
<p>Organisation (enter maximum of 100 words and select organisation type)</p> <p>Please briefly describe the organisation behind the practice including the legal status e.g. NGO, governmental, limited company, charity etc.</p>	<p>ifgg – Institute for gender reflective violence prevention is a limited company (gGmbH). The project Praefix R radicalisation prevention programme was financed as a pilot project by programme 'Demokratie leben!' of the German Federal Ministry for Families, Seniors, Women, and Youths and is financed by the Senate of Berlin and the Ministry for Justice in Brandenburg.</p> <p>NGO</p>
<p>Country of origin</p> <p>Country in which the practice is based.</p>	<p>Germany</p>
<p>Contact details</p> <p>Please provide contact details of who can be contacted within the organisation, with name and email address.</p>	<p>Address: Osloer Straße 12 D-13359 Berlin Contact person: Ms. Uli Streib-Brzič, Mr. Lars Schäfer Email: streibbrzic@ifgg-berlin.de Telephone: +49-3074773117 Website: www.ifgg-berlin.de</p>
<p>Last update text (year)</p>	<p>2020</p>