RAN Collection practice template

Name of the practice	Exit work combining social space orientation and attachment theory
Please note that by practice we mean an activity/method/tool that has been used or is in use by professionals and/or community members.	
Description (max. 300 words) Short description of the aim and working method of the practice. Please note that in this description, it must be clear that <u>there is an explicit connection to preventing and/or countering radicalisation and/or violent extremism</u>. This means that in the aims and/or the activities/methods/tools of the practice, there is a link to preventing and countering radicalisation and/or violent extremism. Practices without this link cannot be included in the RAN Collection.	JUMP supports staff working in social spaces (particularly practitioners and educators) to engage with a particular subset of young people vulnerable to radicalisation and violent extremism. The project enhances staff sensitivity to the needs and challenges of those far-right extremists and young sympathisers of similar ideologies showing potential to withdraw from this scene and become formers. Termed 'education and counselling', this support takes the form of individual and group counselling as well as interactive, practice-oriented workshops for different target groups (e.g. educators, social workers, job centre staff and education students). Staff are trained to observe and monitor potential formers, cause constructive irritation and foster situations that will promote clients to 'jump' voluntarily. During the exit process, these 'signal generators' within social spaces can be used to facilitate resolution of particular social work issues (e.g. employment, substance abuse and debt). In addition, JUMP supports staff struggling or unable to reach young people (especially pupils) who are increasingly vulnerable to far-right or violent extremist influence. By contacting these young people, JUMP can react (with educational intervention, not repression) as soon as young people show signs of (potential) radicalisation, before they actually 'enter the scene'. But even after this has happened, the project supports young people by reminding them that this is not a point of no return and that a concrete, dependable alternative exists. Long term, the project aims to

	enable professionals to intervene in such situations with assurance.
	But JUMP mainly offers 'exit assistance' for far-right extremists and young people supporting such ideologies (sympathisers, fellow travellers, activists) who are willing to leave the scene and the surrounding field.
	This involves gaining social security (especially in terms of housing, qualifications and employment) and forming an outlook for the future. Another aspect is reflection on the experiences (of hate, violence and crime, but also of comradeship and appreciation) inside and outside the scene. This is supported by methods based on the work of Lawrence Kohlberg (e.g. a 'scale of self-positioning', and confrontation with and reflection on moral dilemmas). Other elements include identifying and handling 'trigger mechanisms' (words, situations, music) and developing sustainable courses of action to avoid relapses into mindsets and acts characteristic of the far-right extremist scene.
	By reinforcing and advancing staff reactions to (de-)radicalisation, reaching young people before they enter the scene and offering exit assistance to those willing to leave the scene, JUMP aims to counter radicalisation (physically and mentally) and to shape a professional local environment that exerts a preventive influence with a long-term perspective.
	Thanks to recent developments, attachment theory offers an additional dimension (attachment-led interventions and attachment-based counselling) that reveals how insecure attachment patterns underlie cognitive and ideological explanations and justifications. The approach is sustainable: through the assistance offered by JUMP (e.g. through priming, symbolic interaction, a high degree of security (as part of a civil society offer), stress regulation and transformation with a positive conclusion to each session) to come closer to a secure attachment, to increase sensitivity and to impart knowledge on how attachment intervenes in educational processes. In this way, the intergenerational transmission of insecure bonds can be interrupted, so that radicalisation of the next generation is not necessary. This allows us to look at people more holistically and combine a social space-oriented perspective with a developmental psychological perspective.
Key themes Please <u>choose</u> 2 key themes most corresponding with the practice.	Violent right-wing extremism Deradicalisation/disengagement

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Target audience Please <u>choose</u> a minimum of one target audience most corresponding with the practice.	Youth / Pupils / Students First responders or practitioners Add additional target audience.
Geographical scope Please indicate where the practice has been/is implemented (countries, regions, cities).	JUMP is active throughout the federal state Mecklenburg-Vorpommern, in north-east Germany.
Start of the practice Please indicate when (year) the practice was developed and implemented to indicate the maturity of the practice. In case the practice is no longer active, please indicate when it ended.	Starting year: 2010 The practice was developed between February 2010 and June 2012. Since then, it has been enhanced continuously. In 2016, the scope of the practice was broadened to include young people not yet in the far-right extremist arena. Since January 2011, it has been implemented in Mecklenburg-Vorpommern (and from October 2014, in Hamburg, too (a highly urbanised context)). Since January 2014, JUMP has been a member of the network of consulting bodies for democracy and tolerance (Beratungsnetzwerk Demokratie und Toleranz — see http://www.mv-demokratie.de/ online) of Mecklenburg-Vorpommern, where the practice forms part of the policy against far-right extremism in this state.
Deliverables Please indicate if the practice has led to concrete deliverables, such as (links to) handbooks, training modules, videos.	• Article in the brochure 'Ausstiegsperspektiven. Aspekte der Tertiärprävention im Kontext extreme Rechte' of the Federal Working Group (BAG) 'Ausstieg zum Einstieg' ('Exit for getting started'), including JUMP • Due for publication in November 2019: 'Abgelegt. Abgereist. Ausgestiegen. Perspektiven der Ausstiegsarbeit rechts'. 10 Jahre JUMP – Ausstiegsarbeit in Mecklenburg-Vorpommern. An anthology of articles ('Abandoned. Departed. Exited. Perspectives of Exit-work. 10 years JUMP Exit work in Mecklenburg-Vorpommern.'). • Guiding material for the biography of a former member of the extreme right 'Timo F.: Neonazi'. • Comprehensive brochure 'TunnelLichtBlicke', providing insight into the work of members of the Federal Working Group (BAG) 'Ausstieg zum Einstieg' ('Exit for getting started'), including JUMP. • Quality standards of the Federal Working Group (BAG) 'Ausstieg zum Einstieg'.

	• Training concepts and modules for different target groups. • Article in the handbook 'Verantwortlich Handeln: Praxis der Sozialen Arbeit mit rechtsextrem orientierten und gefährdeten Jugendlichen' ('Acting responsibly: Practice of the Social Work with right-wing extremistic-orientated and endangered juveniles'). • Article in the publication 'Rechts oben II – Demokratie und Rechtsextremismus in Mecklenburg-Vorpommern' (Top right 2 — Democracy and right-wing extremism in Mecklenburg-Vorpommern').
Evidence and evaluation Short description on <u>performance measures</u> of the practice, including 1. <u>qualitative views and quantitative (statistical) data</u> e.g. measure of the success of your project or intervention. 2. <u>evaluation and feedback</u>, including surveys and/or anecdotal evidence e.g. have you done either an internal or external evaluation, have you encouraged any feedback from your target group? 3. <u>peer review</u> which feedback did the practice receive in the RAN working group and/or study visit where the practice was discussed. Please elaborate on the outcomes of your monitoring and evaluation efforts.	JUMP developed its own methods to evaluate the progress and effects of exit processes. One of these methods (the 'scale of self-positioning') uses subjective grading of current progress within the exit process and a more intersubjective point of view of the various issues key to the processes of deradicalisation and exit. This scale is used regularly (every 6 months) in combination with a guideline-based interview that includes questions about different fragments of right-wing extremist ideology and group-oriented misanthropy. JUMP has been evaluated by the Federal Ministry for Labour and Social Affairs (BMAS) under the federal programme 'XENOS – Ausstieg zum Einstieg', and has been selected as one of five good practice examples. JUMP also undergoes perpetual peer review in the framework of the BAG Ausstieg zum Einstieg and the Nordverbund Ausstieg Rechts (the network of exit-work bodies in northern Germany). JUMP's theory of the role of attachment in (de-)radicalisation processes was well-received in the Youth, Families and Communities (YFC) RAN working group and in the Mental Health RAN working group, where it respectively received supportive feedback. All the project's cases to date share one element: the clients who were assisted in their exit process showed insecure attachment patterns. JUMP will develop the skills required to analyse these more precisely.
Sustainability and transferability (maximum of 200 words) Short description on the sustainability and transferability of the practice, including e.g. information on the costs of the practice. <u>Please elaborate on which elements are transferrable and how.</u>	The approach forms part of the policy of tackling far-right extremism in the federal state of Mecklenburg-Vorpommern and is financed through the national programme 'Demokratie leben!' until 2019. The approach (or parts of it) will also be used in the nationwide acting agency CJD responsible for JUMP. Attachment-oriented work can be transferred to many areas (social work, youth welfare, drug help, daycare, etc.). Sustainability is created by promoting sensitivity and experiencing new experiences that ensure psychological and physical security. This remodels neuronal structures in the brain. Symptoms are not only fought, but fundamental work

is carried out on this basis. This is especially true for people who have experienced violence, abuse and neglect.

The approach was also discussed in the network of exit-work bodies in northern Germany (http://www.nordverbund-ausstieg.de/). The bodies of this network try to synchronise their exit work, and therefore parts of the approach are used in this process and transferred to the other bodies.

A first meeting with representatives of state-operated exit work in Germany also offered the opportunity to consider a broader application of the approach.

The approach was adopted by the recently established exit-work body Kurswechsel in Hamburg, in an urban setting.

The approach, now including an understanding of and interventions led by attachment theory was itself transferred from the context of a children's home. This adaption will generate new possibilities to work with adults (not parents, as contemporary approaches note) so as to increase sensitivity and thereby make secure attachment more likely.

Presented and discussed in RAN meeting Please note that to be included in the Collection, the practice is preferably nominated through one of the RAN meetings. Add name of the RAN Working Group/event, date, place and subject of meeting.	Name: RAN DERAD Date: 16-17 April 2015 Place: Riga Subject: Name: RAN YF&C. Date: November 2018.
Linked to other EU initiatives or EU funding (maximum of 100 words) Please indicate how your project was funded, if your practice is linked to other EU initiatives or projects, AND explicitly note if it is (co-) funded by the EU, and if so, by which funds? Such as Erasmus +, Internal Security Funds (ISF), European Social Fund (ESF), Horizon 2020, etc.	JUMP is co-funded by the European Social Fund (ESF) in Mecklenburg-Vorpommern.

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Organisation (enter maximum of 100 words and select organisation type) Please briefly describe the organisation behind the practice including the legal status e.g. NGO, governmental, limited company, charity etc.	JUMP is an institution of the Christliches Jugenddorfwerk (CJD) e.V. (NGO). The CJD is a Germany-wide agency for child and youth welfare services and educational institutions. JUMP is financed by the German government programme 'Demokratie leben!' (Live democracy!) via the federal state of Mecklenburg-Vorpommern. Type of Organisation: Other
Country of origin Country in which the practice is based.	EU or EEA country: Germany or: Non-EU country: Enter name if non EU country
Contact details Please provide contact details of who can be contacted within the organisation, with name and email address.	Address: CJD Nord JUMP Am Kanal 1 17166 Dahmen Germany Contact person: Samuel von Frommannshausen Email: samuel.vonfrommannshause@cjd.de Telephone: +49 39933 739 820 Website: http://www.jump-mv.de
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