

RAN Collection practice template

Name of the practice Please note that by practice we mean an activity/method/tool that has been used or is in use by professionals and/or community members.	LEAP communication method
Description (max. 300 words) Short description of the aim and working method of the practice. Please note that in this description, it must be clear that <u>there is an explicit connection to preventing and/or countering radicalisation and/or violent extremism</u> . This means that in the aims and/or the activities/methods/tools of the practice, there is a link to preventing and countering radicalisation and/or violent extremism. Practices without this link cannot be included in the RAN Collection.	LEAP is an evidence-based communication programme developed by Dr Xavier Amador, an internationally renowned clinical psychologist. The communication programme is originally designed to help you create relationships with people who are unable to understand they are ill, with the goal of helping them accept treatment. LEAP (Listen-Empathize-Agree-Partner) is a set of evidence-based practices that create therapeutic alliances and trusting relationships with people suffering from severe mental illness. Designed to build and strengthen mutual respect, it helps people who are non-adherent, or partially adherent, to become more cooperative and engaged in treatment and services, including medication, psychotherapy, psychosocial programmes, club houses, peer support and supervised housing. During the COVID-19 pandemic several authors illustrated that this method could also be used to form a therapeutic alliance with radicalised individuals and conspiracy theory believers.
Key themes Please <u>choose</u> 2 key themes most corresponding with the practice.	Deradicalisation/disengagement Mental health issues
Target audience Please <u>choose</u> a minimum of one target audience most corresponding with the practice.	First responders or practitioners Health practitioners Families

<p>Geographical scope</p> <p>Please indicate where the practice has been/is implemented (countries, regions, cities).</p>	<p>The method is used worldwide in psychiatric healthcare. With regard to radicalisation and conspiracy beliefs, it is practiced in the Netherlands.</p>
<p>Start of the practice</p> <p>Please indicate when (year) the practice was developed and implemented to indicate the maturity of the practice. In case the practice is no longer active, please indicate when it ended.</p>	<p>Starting year: 2000</p> <p>Ending year: Select ending year of practice in case practice has ended.</p>
<p>Deliverables</p> <p>Please indicate if the practice has led to concrete deliverables, such as (links to) handbooks, training modules, videos.</p>	<p>Amador, X., & Johanson, A.-L. (2000). <i>I am not sick, I don't need help! Helping the seriously mentally ill accept treatment</i>. Vida Press.</p> <p>Amador, X. (2008). <i>I'm Right, You're Wrong, Now What?: Break the Impasse and Get What You Need</i>. Hachette Books.</p>
<p>Evidence and evaluation</p> <p>Short description on <u>performance measures</u> of the practice, including</p> <ol style="list-style-type: none"> 1. <u>qualitative views and quantitative (statistical) data</u> e.g. measure of the success of your project or intervention. 2. <u>evaluation and feedback</u>, including surveys and/or anecdotal evidence e.g. have you done either an internal or external evaluation, have you encouraged any feedback from your target group? 3. <u>peer review</u> which feedback did the practice receive in the RAN working group and/or study visit where the practice was discussed. <p>Please elaborate on the outcomes of your monitoring and evaluation efforts.</p>	<p>Regarding mental illness:</p> <p>Paillot, C., Goetz, R., & Amador, X. (2009). Double Blind, Randomized, Controlled Study of a Psychotherapy [LEAP] Designed to Improve Motivation for Change, Insight into Schizophrenia and Adherence to Medication. <i>Schizophrenia Bulletin</i>, 35(Suppl. 1), 343.</p> <p>Regarding radicalisation and conspiracy beliefs:</p> <p>Steins-Bisschop, L. (2019). de jonge psychiater. https://dejongepsychiater.nl/opinie/opinie/1223-leap</p> <p>van Dam, A., Si Amer, L., de Vroege, L., & van den Broek, A. H. S. (2022). De maatschappij komt de spreekkamer binnen: Aandacht voor complotdenken en anti-overheidsstemmingen in de GGZ. <i>De Psycholoog</i>, 57(6), 22-27.</p> <p>Veling, W., Sizoo, B., van Buuren, J., van den Berg, C., Sewbalak, W., Pijnenborg, G. H. M., Boonstra, N., Castelein, S., & van der Meer, L. (2021). Zijn complotdenkers psychotisch? Een vergelijking tussen complottheorieën en paranoïde wanen. <i>Tijdschrift voor Psychiatrie</i>, 63(11), 775-781.</p>
<p>Sustainability and transferability</p>	<p>There are many courses and books available.</p>

<p>(maximum of 200 words)</p> <p>Short description on the sustainability and transferability of the practice, including e.g. information on the costs of the practice. <u>Please elaborate on which elements are transferrable and how.</u></p>	<p>The method is not very complicated and therefore easily transferable.</p> <p>The method has been translated into 16 languages. See: https://leapinstitute.org</p>
<p>Presented and discussed in RAN meeting</p> <p>Please note that to be included in the Collection, the practice is preferably nominated through one of the RAN meetings. Add name of the RAN Working Group/event, date, place and subject of meeting.</p>	<p>Name: RAN HEALTH Meeting</p> <p>Date: 21/06/2022</p> <p>Place: Helsinki</p> <p>Subject: Personality disorders and mental illnesses with implications in preventing violent extremism</p>
<p>Linked to other EU initiatives or EU funding (maximum of 100 words)</p> <p>Please indicate how your project was funded, if your practice is linked to other EU initiatives or projects, AND explicitly note if it is (co-) funded by the EU, and if so, by which funds? Such as Erasmus +, Internal Security Funds (ISF), European Social Fund (ESF), Horizon 2020, etc.</p>	<p>N/A</p>
<p>Organisation (enter maximum of 100 words and select organisation type)</p> <p>Please briefly describe the organisation behind the practice including the legal status e.g. NGO, governmental, limited company, charity etc.</p>	<p>N/A</p> <p>Type of Organisation: Other</p>
<p>Country of origin</p> <p>Country in which the practice is based.</p>	<p>EU or EEA country: Netherlands</p> <p>or:</p> <p>Non-EU country: USA</p>
<p>Contact details</p>	<p>Address: Click or tap here to enter text. Contact person: Arno van Dam Email: A.vanDam@tilburguniversity.edu</p>

<p>Please provide contact details of who can be contacted within the organisation, with name and email address.</p>	<p>Telephone: Click or tap here to enter text. Website: Click or tap here to enter text.</p>
<p>Last update text (year)</p>	<p>2024</p>