

# RAN Collection practice template

<p><b>Name of the practice</b></p> <p>Please note that by practice we mean an activity/method/tool that has been used or is in use by professionals and/or community members.</p>	<p><b>Spiel dich frei!</b></p>
<p><b>Description</b> (max. 300 words)</p> <p>Short description of the aim and working method of the practice. Please note that in this description, it must be clear that <u>there is an explicit connection to preventing and/or countering radicalisation and/or violent extremism</u>. This means that in the aims and/or the activities/methods/tools of the practice, there is a link to preventing and countering radicalisation and/or violent extremism. Practices without this link cannot be included in the RAN Collection.</p>	<p>'Spiel dich frei!' is an innovative combination of sports, political education, theatre plays and music, aiming to prevent the radicalisation of young people in schools and open youth work.</p> <p>The goal is to stimulate young people to reflect on their cultural identity and their role in German society. Theoretical inputs on extremism and the promotion of democracy are combined with a practical engagement in sports and the arts. This interdisciplinary approach allows young people to become involved at an emotional, cognitive and physical level.</p> <p>The project is organised and run by streetfootballworld, RheinFlanke, Liberal-Islamischer Bund and CrossArts Cologne.</p>
<p><b>Peer reviewed</b></p>	<p>No</p>
<p><b>Key themes</b></p> <p>Please <u>choose</u> 2 key themes most corresponding with the practice.</p>	<p>Sports</p> <p>Vulnerable youth and youth engagement in P/CVE</p>

<p><b>Target audience</b></p> <p>Please <u>choose</u> a minimum of one target audience most corresponding with the practice.</p>	<p>Youth / Pupils / Students</p> <p>Educators / Academics</p> <p>Local Community Organisations / NGOs</p>
<p><b>Geographical scope</b></p> <p>Please indicate where the practice has been/is implemented (countries, regions, cities).</p>	<p>The project was started at different locations (schools, football teams, youth centres) in Cologne, Germany; it is being transferred in early 2019 to Berlin, and in mid-2019 to the German Ruhrgebiet.</p>
<p><b>Start of the practice</b></p> <p>Please indicate when (year) the practice was developed and implemented to indicate the maturity of the practice. In case the practice is no longer active, please indicate when it ended.</p>	<p>Starting year: 2017</p>
<p><b>Deliverables</b></p> <p>Please indicate if the practice has led to concrete deliverables, such as (links to) handbooks, training modules, videos.</p>	<p>Video:  <a href="https://www.youtube.com/watch?v=TLCQ0IU4CF8&amp;feature=youtu.be">https://www.youtube.com/watch?v=TLCQ0IU4CF8&amp;feature=youtu.be</a></p> <p>Handbook:  <a href="https://www.streetfootballworld.org/sites/default/files/Handbuch%20Spiel%20dich%20frei%21.pdf">https://www.streetfootballworld.org/sites/default/files/Handbuch%20Spiel%20dich%20frei%21.pdf</a></p>
<p><b>Evidence and evaluation</b></p> <p>Short description on <u>performance measures</u> of the practice, including</p>	<ol style="list-style-type: none"> <li>1. Monitoring of all outputs (number of participants: 247; age: average 19.21; origin: 29 % Germany, 35 % Germany with a migratory background, 7 % Turkey, 6 % Iraq, 4 % Serbia, 3 % Albania, 2 % Afghanistan, 13 % from 13 other countries).</li> <li>2. Evaluation of participants' satisfaction with trainers and activities:       <ol style="list-style-type: none"> <li>a. average 1.47 for activities (scale: from 1=satisfied to 6=not satisfied)</li> <li>b. average 1.35 for trainers (scale: from 1=satisfied to 6=not satisfied).</li> </ol> </li> <li>3. Questionnaire on outcomes (e.g. knowledge, attitudes, opinions):       <ol style="list-style-type: none"> <li>a. main outcomes: young people improved their resilience against extremist persuasion and influence, and were aware of the political versus the religious dimension of extremism.</li> </ol> </li> </ol>

<ol style="list-style-type: none"> <li>1. <u>qualitative views and quantitative (statistical) data</u> e.g. measure of the success of your project or intervention.</li> <li>2. <u>evaluation and feedback</u>, including surveys and/or anecdotal evidence e.g. have you done either an internal or external evaluation, have you encouraged any feedback from your target group?</li> <li>3. <u>peer review</u> which feedback did the practice receive in the RAN working group and/or study visit where the practice was discussed.</li> </ol> <p>Please elaborate on the outcomes of your monitoring and evaluation efforts.</p>	<ol style="list-style-type: none"> <li>4. External evaluation (through a bachelor thesis) showed that the project met the needs of the target group.</li> <li>5. Evaluation meetings with project partners enabled us to share different project partners' experiences and improve activities.</li> <li>6. Overall, the evaluation showed that sustainability and the impact measurement of prevention posed the greatest challenges.</li> </ol>
<p><b>Sustainability and transferability</b> (maximum of 200 words)</p> <p>Short description on the sustainability and transferability of the practice, including e.g. information on the costs of the practice. <u>Please elaborate on which elements are transferrable and how.</u></p>	<p>Transferability remains a project goal: a multilanguage handbook will be finalised at the end of 2019 (in English, German and Arabic).</p> <p>Professional partners who will implement the project elsewhere still need to be located. The sports approach is easily transferred, but it is difficult to find trustworthy partners for the theoretical inputs on extremism — which are crucial for the success of the project.</p> <p>Sustainability also poses a challenge, but 'Spiel dich frei!' is still in its pilot and evaluation phase and is constantly working towards a successful approach. 2019 saw the first training of multipliers, who are expected to improve sustainability (e.g. school teachers, sports coaches and youth workers).</p>
<p><b>Presented and discussed in RAN meeting</b></p> <p>Please note that to be included in the Collection, the practice is preferably nominated through one of the RAN meetings. Add name of the RAN Working Group/event, date, place and subject of meeting.</p>	<p>Name: RAN YF&amp;C</p> <p>Date: 07/03/2019</p> <p>Place: Lisbon</p> <p>Subject: The role of sports and leisure activities in P/CVE</p>

### Linked to other EU initiatives or EU funding

(maximum of 100 words)

Please indicate how your project was funded, if your practice is linked to other EU initiatives or projects, AND explicitly note if it is (co-) funded by the EU, and if so, by which funds?

Such as Erasmus +, Internal Security Funds (ISF), European Social Fund (ESF), Horizon 2020, etc.

The project is funded by the German Federal Ministry for Family Affairs, Senior Citizens, Women and Youth under the programme 'Demokratie Leben'.

The costs in 2018 were approximately EUR 75 375.

### Organisation

(enter maximum of 100 words and select organisation type)

Please briefly describe the organisation behind the practice including the legal status e.g. NGO, governmental, limited company, charity etc.

RheinFlanke gGmbH was founded in Cologne in 2006, to fight discrimination and racism and to provide equal opportunities to children, teenagers and adolescents lacking access to education and opportunities to participate fully in society. Currently, it provides mobile youth work in nine locations throughout Germany. Using its local and international networks, it reaches out to more than 3 000 children, teenagers and adolescents per week.

RheinFlanke established a wide range of sport-based youth work programmes and activities. It addresses socially disadvantaged children, teenagers and young adults (female and male) aged 10 to 27, affected by diminished opportunities in terms of education and social integration.

As a means to build trust and to enhance engagement, RheinFlanke accesses potential participants through open-access gathering places, mostly in inner cities. It encourages young people to participate in a variety of sports activities, including football, dancing and gymnastics. In this context, sport is used to create safe spaces for children and adolescents, allowing them to identify and develop their potential and talent, have fun and clear their minds, and further, to gain access to diverse support and assistance options for their prospective (professional) futures.

RheinFlanke is highly experienced in inclusive and participatory youth work. Through a large network of partners, existing concepts and good practice models are transferred, influencing and shaping sociocultural developments as well as political debates in Germany and Europe. In 2015 RheinFlanke implemented the HOPE project, funded by Phineo-Skala initiative, with the goal of integrating refugees into German society.

	<p>RheinFlanke engages in strong and active collaboration with donors such as the KastanienHof foundation, streetfootballworld, the Lukas Podolski foundation, the PHINEO SKala-initiative and the IHK foundation. In addition, RheinFlanke was awarded the DFB Integration Prize in 2008, the Dirk-Nowitzki Foundation prize in 2014 and the PHINEO Wirkt-Siegel in 2015. RheinFlanke's work has also been recognised by the Robert Bosch Foundation for future engagement. A range of celebrities openly support and speak on behalf of the RheinFlanke, including Germany's former national footballer Lukas Podolski as well as professional footballer Neven Subotic (Borussia Dortmund).</p> <p>Vision</p> <p>RheinFlanke believes that young people, regardless of their background, deserve a fair chance to thrive. Young people have the opportunity to interact with and shape their environment, developing their own individual perspective on life.</p> <p>Mission</p> <p>RheinFlanke aims to improve the prospect for disadvantaged young people, regardless of their backgrounds, through sports, mentoring and training programmes which enable participants to set out independently on the path to a fulfilling future. RheinFlanke's programmes seek to instil self-determination and independence in young people through their engagement with sport, training and education, positively impacting young people, their families and society as a whole.</p> <p>Type of Organisation: <a href="#">NGO</a></p>
<p><b>Country of origin</b></p> <p>Country in which the practice is based.</p>	<p>EU or EEA country: Germany</p> <p>or:</p> <p>Non-EU country: Enter name if non EU country</p>
<p><b>Contact details</b></p> <p>Please provide contact details of who can be contacted within the organisation, with name and email address.</p>	<p>Address: RheinFlanke gGmbH Address: Koelhoffstraße 2a 50676 Cologne Germany</p> <p>streetfootballworld gGmbH Address: Waldenserstr. 2-4 10551 Berlin Germany</p>

	<p>Contact person: Pia Strohmeyer, Project Manager Laura Ginzel, Project Coordinator Email: Pia.Strohmeyer@rheinflanke.de ginzel@streetfootballworld.org Telephone: +49 22139804189; +49 1727372985 +49 3078006240 Website: <a href="http://www.rheinflanke.de/">http://www.rheinflanke.de/</a> <a href="http://www.streetfootballworld.org/">http://www.streetfootballworld.org/</a></p>
<b>Last update text</b> (year)	2021